

Recovery Curriculum 2020

Kingsbury Academy has put the child's wellbeing at the centre of our thinking when designing our recovery curriculum. We acknowledge that learners will have had different experiences during periods spent out of Kingsbury Academy. However, the common thread running through all of this is the loss of routine, structure, friendship, opportunity, and freedom, leading to increased level of learner anxieties.

We know that an anxious learner is not in a place to learn effectively. So, Kingsbury Academy has thought about the most effective way to support your child's ability to learn. Our recovery approach was based on educational evidence, parental, staff and learner views, leading to driven focus around the following four areas:

Area	How this will help
Area 1 Supporting the learners to build positive relationships with others	Supporting learners to rebuild relationships and re-learn how to interact and build relationships with others
Area 2 Supporting learners to manage feelings and their behaviour, whilst re-establishing routines and structures	Supporting learners to understand their emotions and feelings and begin to process the experiences they have had. Supporting learners to relearn some positive behaviour which they may have forgotten being outside of the school environment. Supporting learners to engage with self-regulation strategies and tools which help them to feel safe and calm. Supporting learners to understand the world we live in with tools and strategies to help them process what is different and what we can do to help.
Area 3 Supporting learners to re-visit learning and then build upon their knowledge, skills and understanding	Supporting learners to bridge the gap in loss in learning and skills; to move learning on and in a sequential order.

Area 4
Supporting learners with
their physical health and
wellbeing

Supporting learners to re-engage with physical health and wellbeing routines as well as learn new routines which will support learners to keep safe and enable infection control.